**Nursing Metaparadigm**

This research will focus on nursing metaparadigm. This is most relevant to the role of a stroke coordinator. This metaparadigm is all about application of the knowledge and skills of a nurse when caring for a patient (Summerell, 2015). The work of a stroke coordinator is to educate the patients and care givers on how to care for the people with stroke. The nursing metaparadigm will therefore be significant to this nursing practice role as the education will not only be passed to the nurses, but to the stroke caregivers thy deal will as well.

Jean Watson talks about the theory of human caring which discusses caring for more than the physical ailments of a patient but dealing with healing aspects as well that require education of a nurse to be competent (Summerell, 2015). This is similar to Dorothea Orem’s theory of self care that encourages nurses to focus on educating care givers and patients to provide care for them outside the hospital. The difference between these theories however is the fact that Watson’s theory is focused more on others aspects of healing and caring more than education compared to Orem’s theory (McDonald, 2014).

As a stroke coordinator, I have had to deal with stroke patients and their care givers. It however serves well to teach these individuals as well as their direct nurses on how to take care of the stroke patients in addition to the rehabilitation services they will be receiving. Being a nurse that is caring, knowledgeable and has the skills to carry out all that will make the patient with stroke not only comfortable, but will enable these patients be comfortable as well into their healing times. This is why the nursing metaparadigm is important.

**References**

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